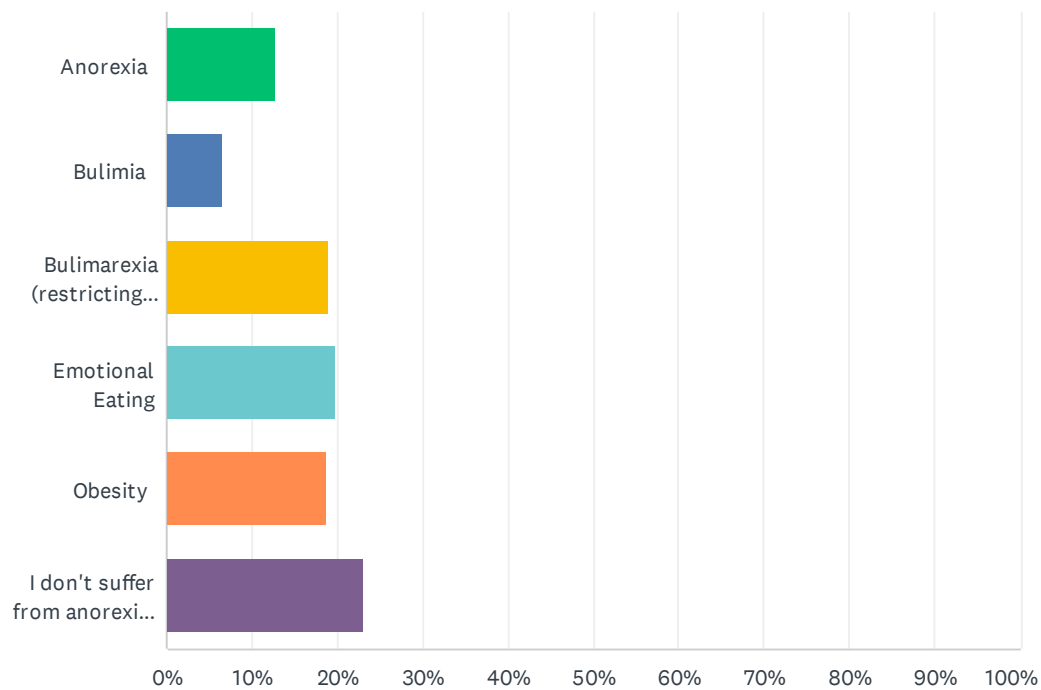


Q1 I currently suffer from:

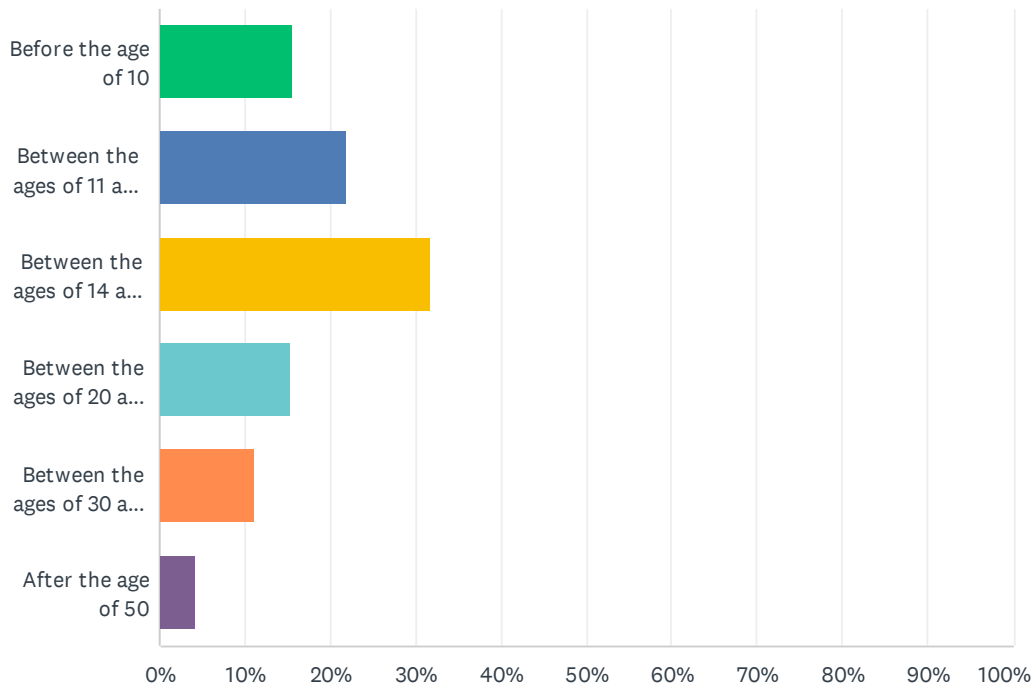
Answered: 1,968 Skipped: 19



ANSWER CHOICES	RESPONSES	
Anorexia	12.75%	251
Bulimia	6.66%	131
Bulimarexia (restricting, bingeing, and purging)	19.05%	375
Emotional Eating	19.87%	391
Obesity	18.70%	368
I don't suffer from anorexia, bulimia, binge eating disorder, bulimarexia, emotional eating, or obesity	22.97%	452
TOTAL		1,968

Q2 The symptoms of my eating disorder first occurred:

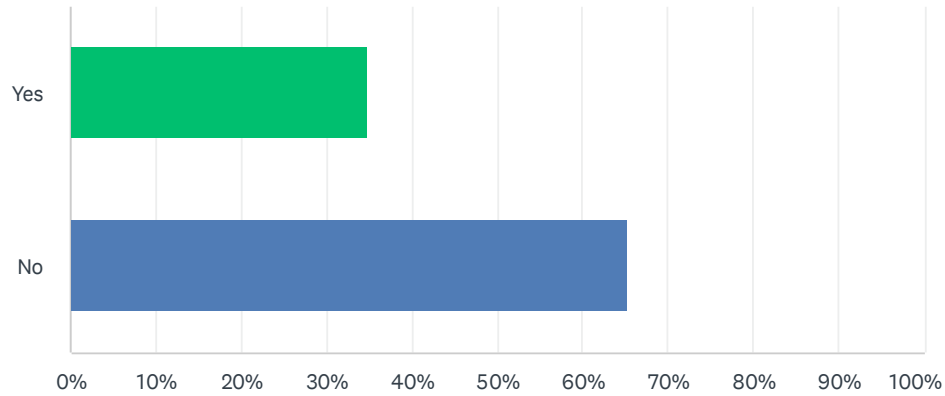
Answered: 1,265 Skipped: 722



ANSWER CHOICES	RESPONSES	
Before the age of 10	15.57%	197
Between the ages of 11 and 13	21.90%	277
Between the ages of 14 and 19	31.70%	401
Between the ages of 20 and 29	15.42%	195
Between the ages of 30 and 49	11.07%	140
After the age of 50	4.35%	55
TOTAL		1,265

Q3 There was a specific event that triggered the onset of my eating disorder.

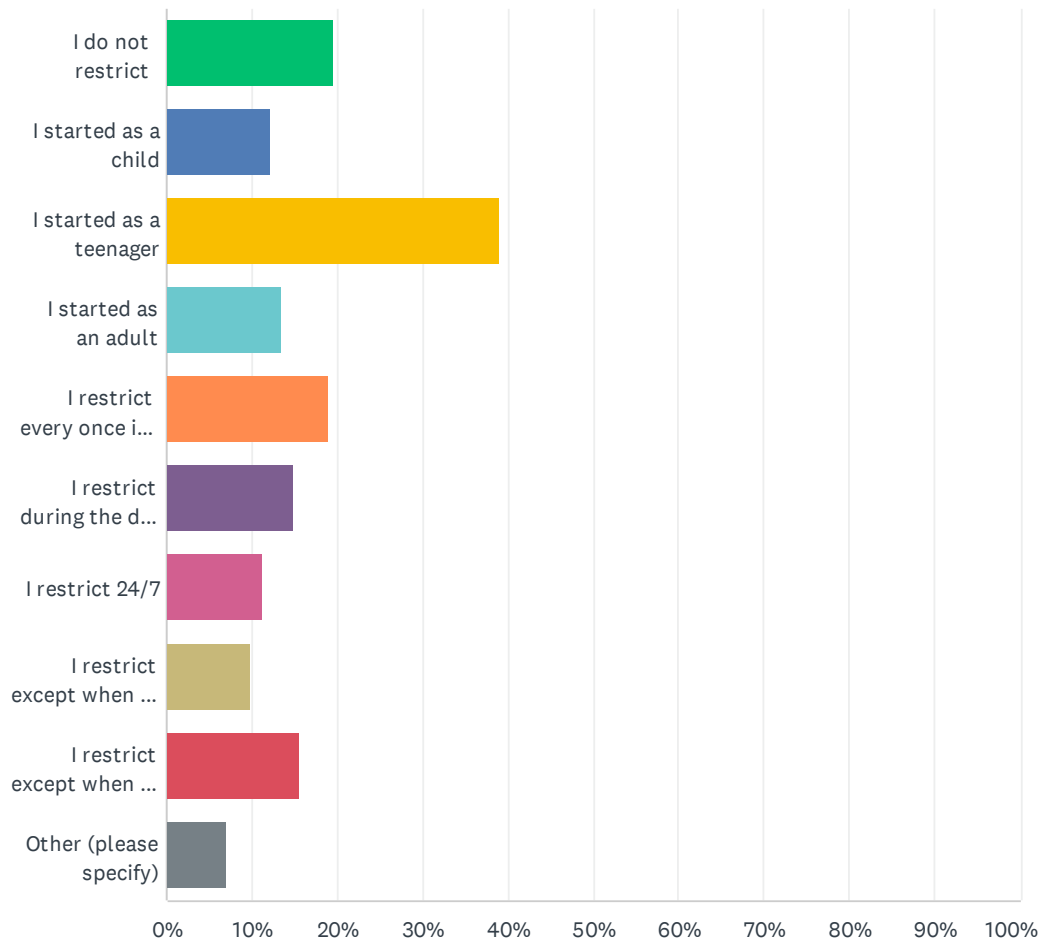
Answered: 1,251 Skipped: 736



ANSWER CHOICES	RESPONSES	
Yes	34.85%	436
No	65.15%	815
TOTAL		1,251

Q4 Regarding restricting:

Answered: 1,247 Skipped: 740

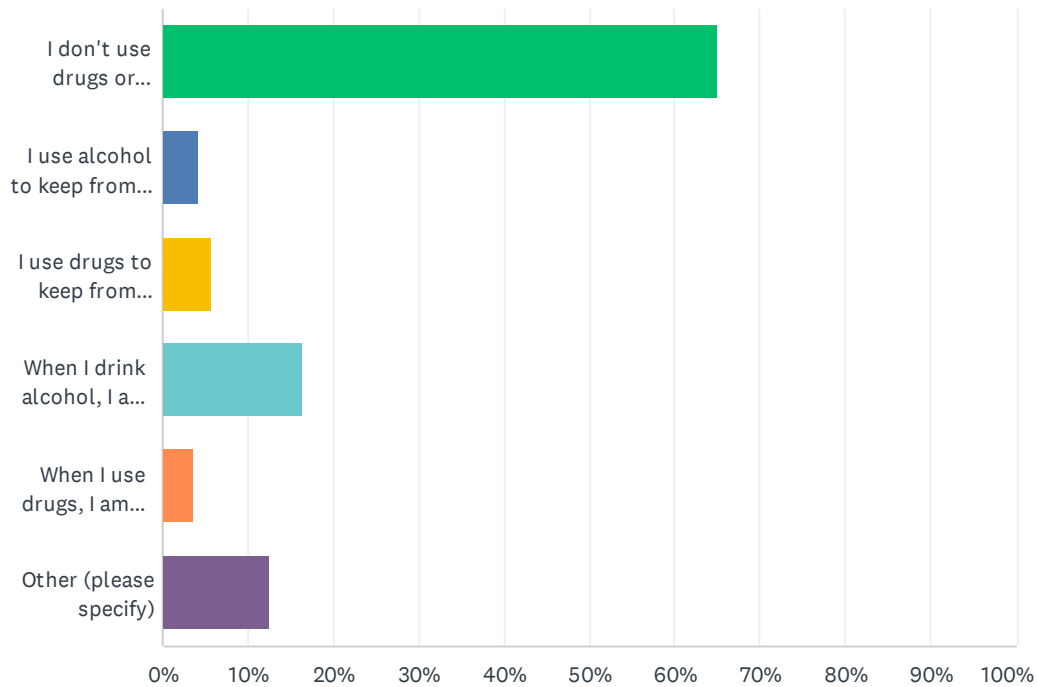


Norton Center Survey 2017

ANSWER CHOICES	RESPONSES	
I do not restrict	19.65%	245
I started as a child	12.11%	151
I started as a teenager	39.05%	487
I started as an adult	13.47%	168
I restrict every once in a while	18.93%	236
I restrict during the day and eat normally during the night	14.84%	185
I restrict 24/7	11.23%	140
I restrict except when I am going to purge, then I eat "normally"	9.70%	121
I restrict except when I am going to purge, then I binge	15.64%	195
Other (please specify)	6.98%	87
Total Respondents: 1,247		

Q5 When it comes to drugs/alcohol:

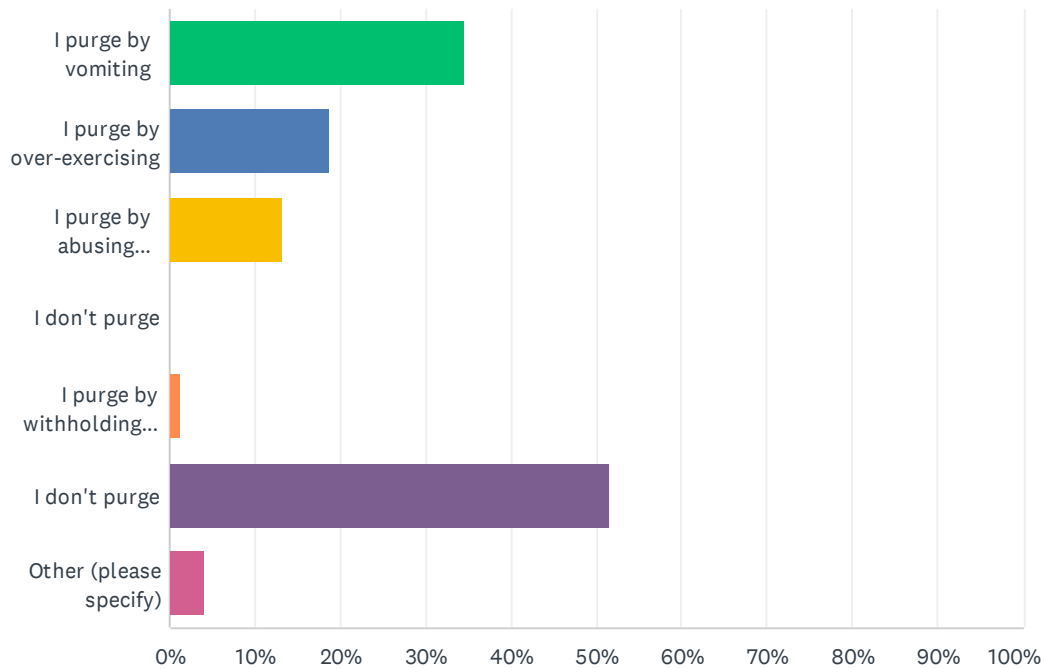
Answered: 1,202 Skipped: 785



ANSWER CHOICES	RESPONSES	
I don't use drugs or alcohol	65.06%	782
I use alcohol to keep from bingeing and purging	4.33%	52
I use drugs to keep from bingeing and purging	5.66%	68
When I drink alcohol, I am more likely to binge and purge	16.47%	198
When I use drugs, I am more likely to binge and purge	3.66%	44
Other (please specify)	12.48%	150
Total Respondents: 1,202		

Q6 Regarding Purging:

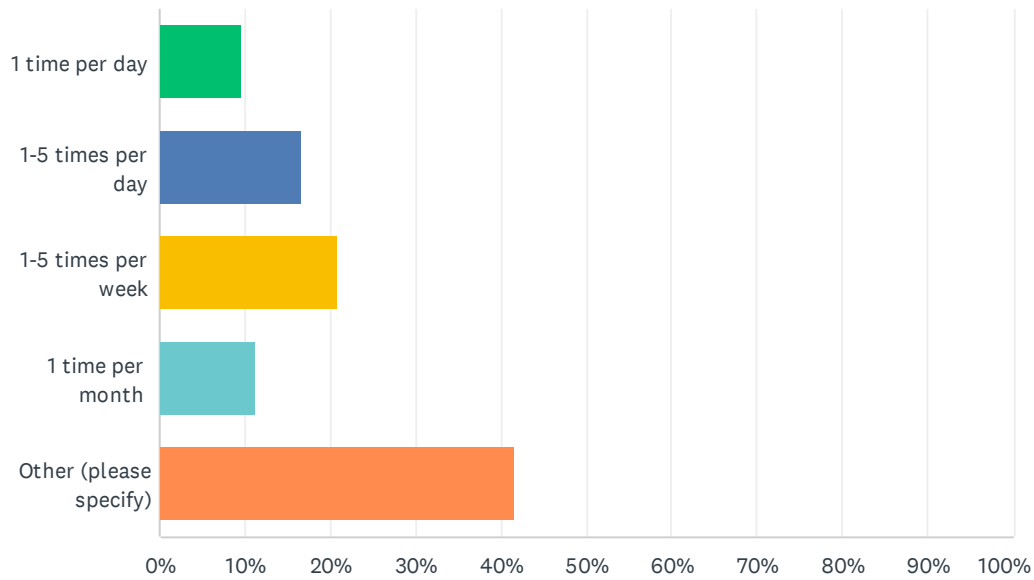
Answered: 1,242 Skipped: 745



ANSWER CHOICES	RESPONSES	
I purge by vomiting	34.46%	428
I purge by over-exercising	18.76%	233
I purge by abusing laxatives	13.12%	163
I don't purge	0.00%	0
I purge by withholding insulin	1.21%	15
I don't purge	51.69%	642
Other (please specify)	4.03%	50
Total Respondents: 1,242		

Q7 I purge:

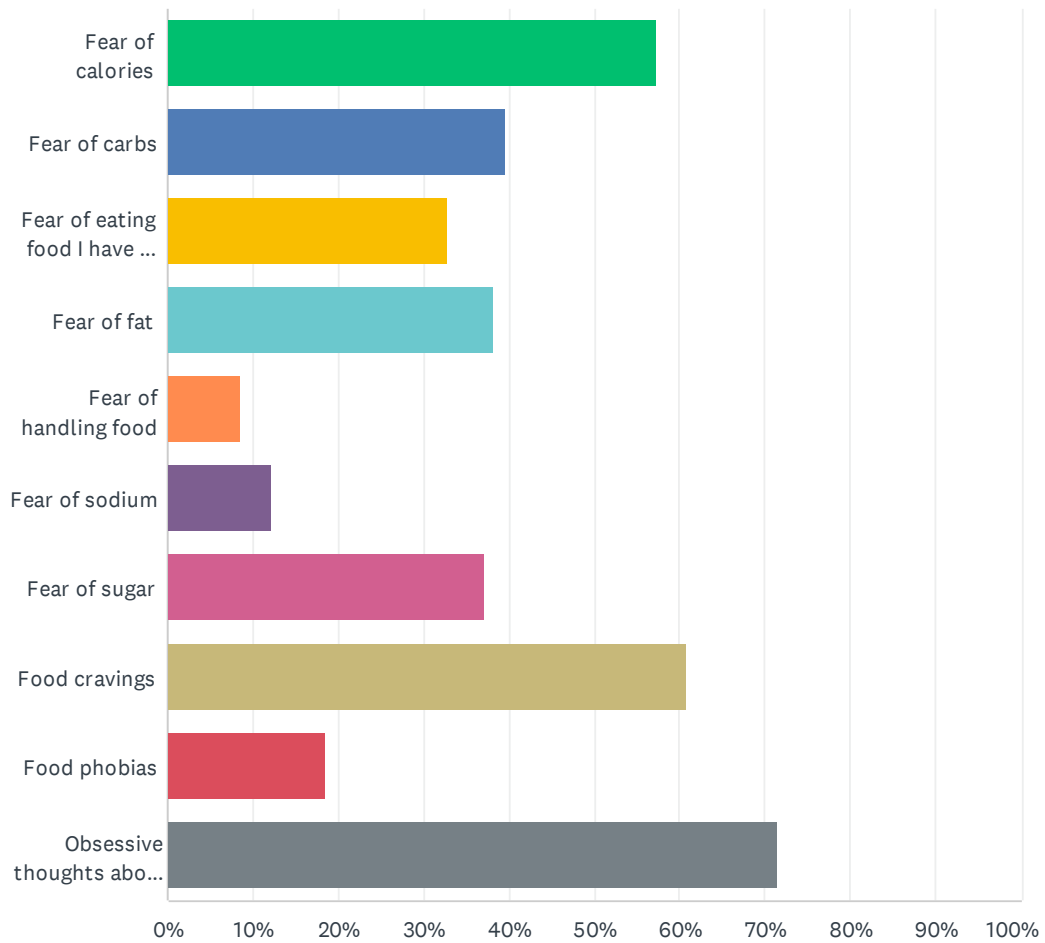
Answered: 828 Skipped: 1,159



ANSWER CHOICES	RESPONSES	
1 time per day	9.54%	79
1-5 times per day	16.67%	138
1-5 times per week	20.89%	173
1 time per month	11.23%	93
Other (please specify)	41.67%	345
TOTAL		828

Q8 Regarding food, I often experience the following:

Answered: 1,019 Skipped: 968

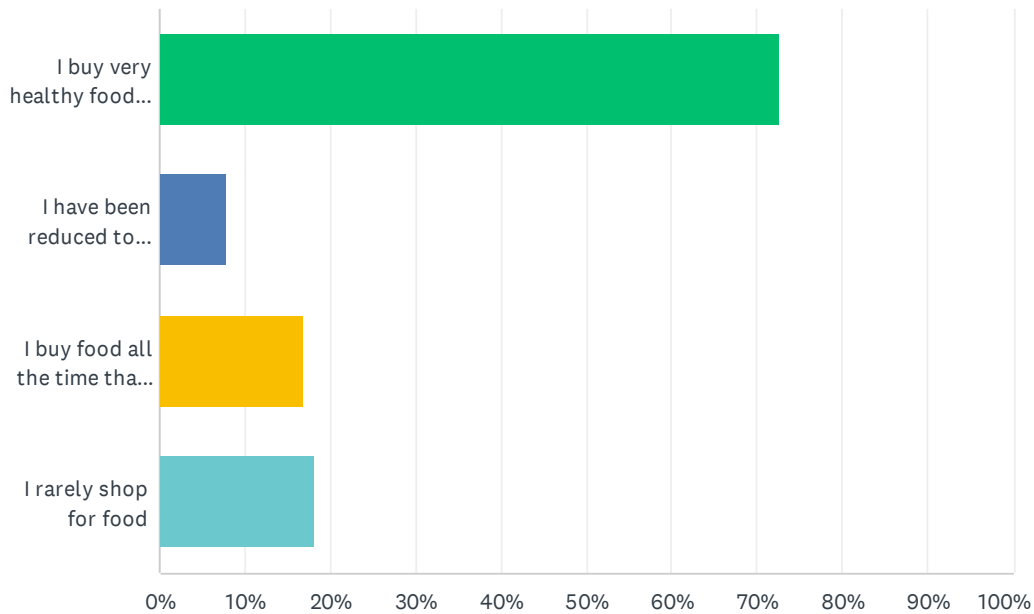


Norton Center Survey 2017

ANSWER CHOICES	RESPONSES	
Fear of calories	57.41%	585
Fear of carbs	39.74%	405
Fear of eating food I have not prepared	32.78%	334
Fear of fat	38.17%	389
Fear of handling food	8.54%	87
Fear of sodium	12.07%	123
Fear of sugar	37.00%	377
Food cravings	60.75%	619
Food phobias	18.65%	190
Obsessive thoughts about food	71.34%	727
Total Respondents: 1,019		

Q9 Regarding shopping for food:

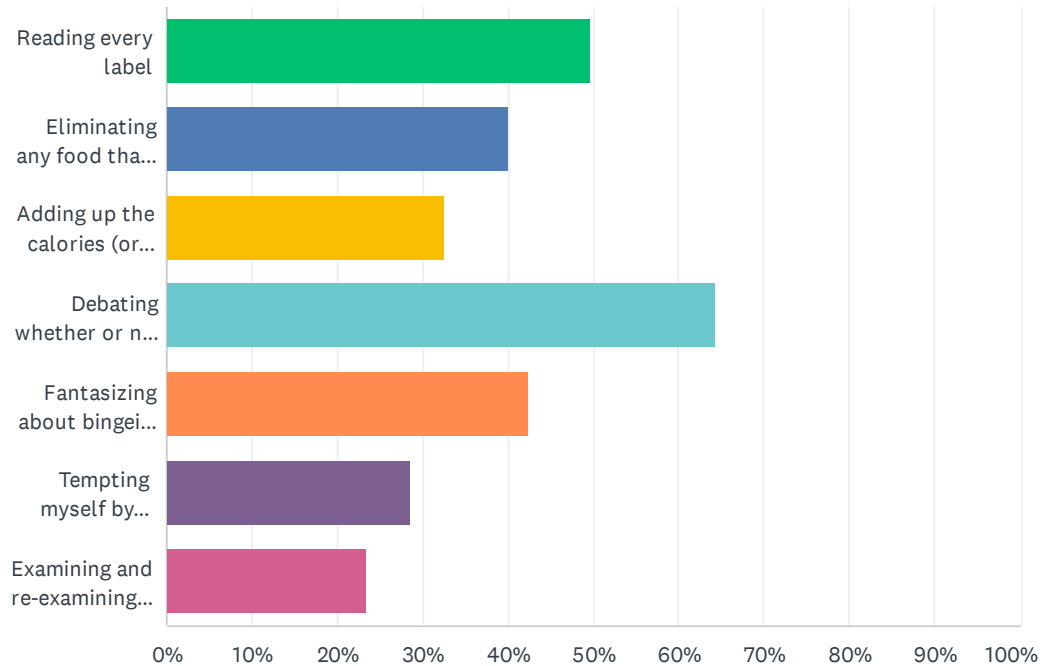
Answered: 988 Skipped: 999



ANSWER CHOICES	RESPONSES	
I buy very healthy food except when I buy binge food	72.77%	719
I have been reduced to stealing food for a binge	7.89%	78
I buy food all the time that I know I will never eat	16.90%	167
I rarely shop for food	18.12%	179
Total Respondents: 988		

Q10 While shopping for food, I may obsess for long periods of time in the grocery store by:

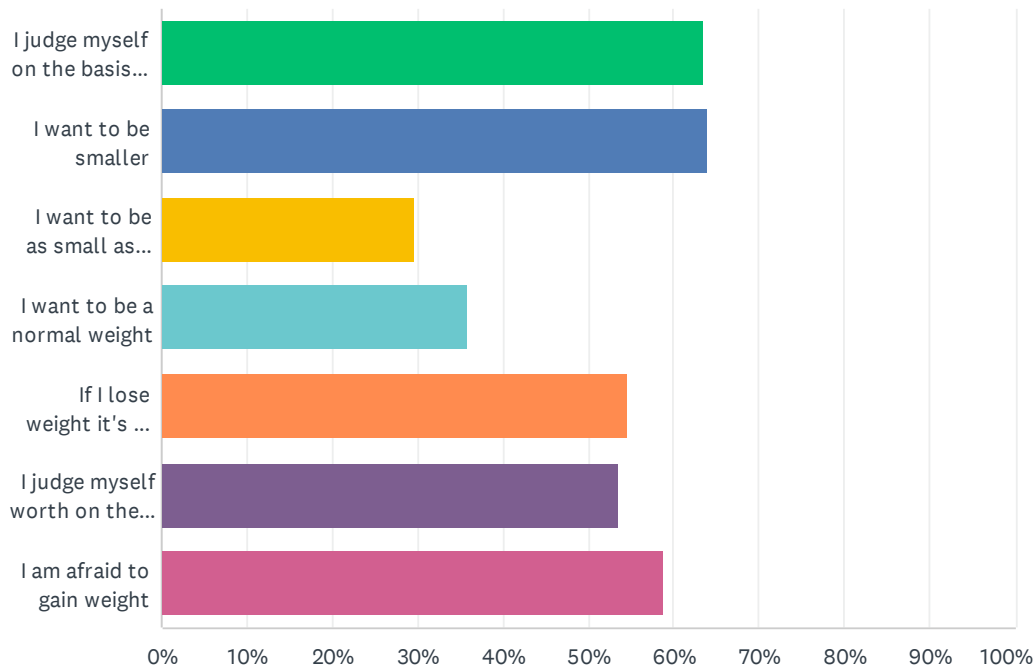
Answered: 971 Skipped: 1,016



ANSWER CHOICES	RESPONSES	
Reading every label	49.74%	483
Eliminating any food that does not meet my criteria	40.06%	389
Adding up the calories (or fat, or carbs etc.) before putting something in my cart	32.65%	317
Debating whether or not to purchase a particular item	64.47%	626
Fantasizing about bingeing on certain foods	42.43%	412
Tempting myself by browsing aisles I normally try to avoid	28.53%	277
Examining and re-examining produce/meats/fish	23.48%	228
Total Respondents: 971		

Q11 Regarding my weight:

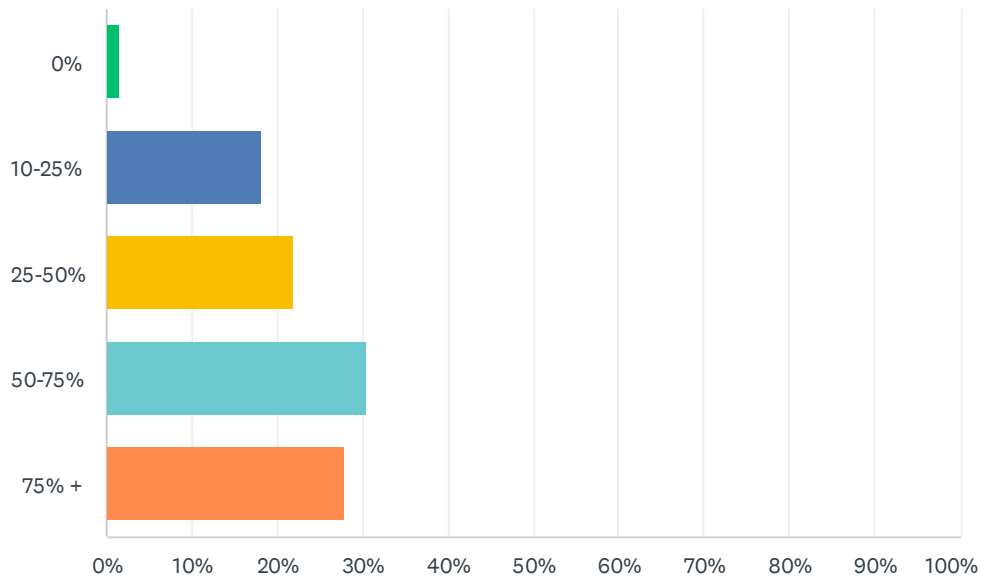
Answered: 1,055 Skipped: 932



ANSWER CHOICES	RESPONSES	
I judge myself on the basis of how I feel about the way I look in my clothes	63.60%	671
I want to be smaller	63.98%	675
I want to be as small as possible	29.67%	313
I want to be a normal weight	35.73%	377
If I lose weight it's a good day	54.60%	576
I judge myself worth on the basis of what I weigh	53.55%	565
I am afraid to gain weight	58.77%	620
Total Respondents: 1,055		

Q12 I spend ____% of the day thinking about food:

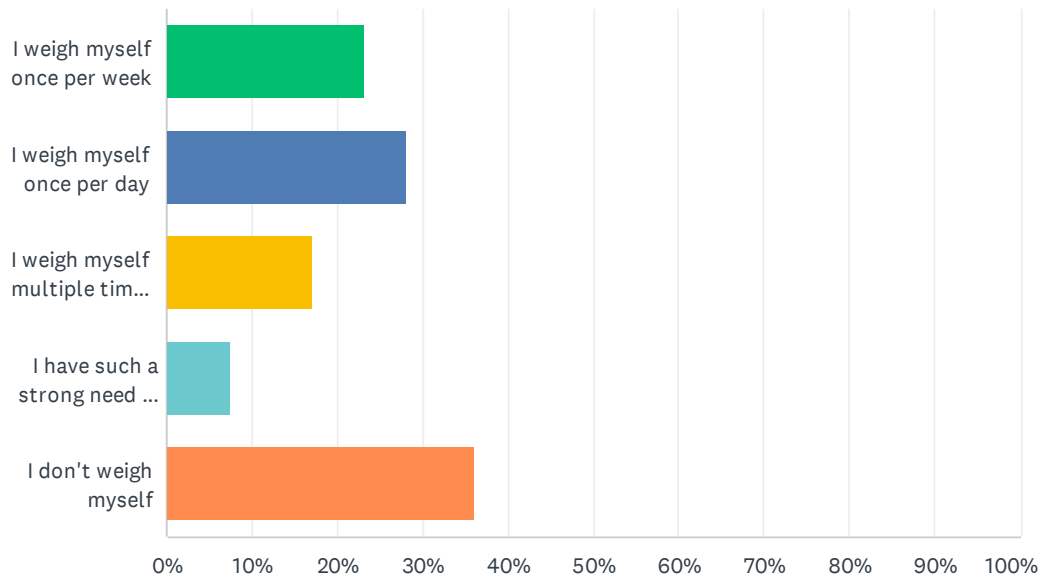
Answered: 1,069 Skipped: 918



ANSWER CHOICES	RESPONSES	
0%	1.40%	15
10-25%	18.15%	194
25-50%	21.98%	235
50-75%	30.59%	327
75% +	27.88%	298
TOTAL		1,069

Q13 Regarding the scale:

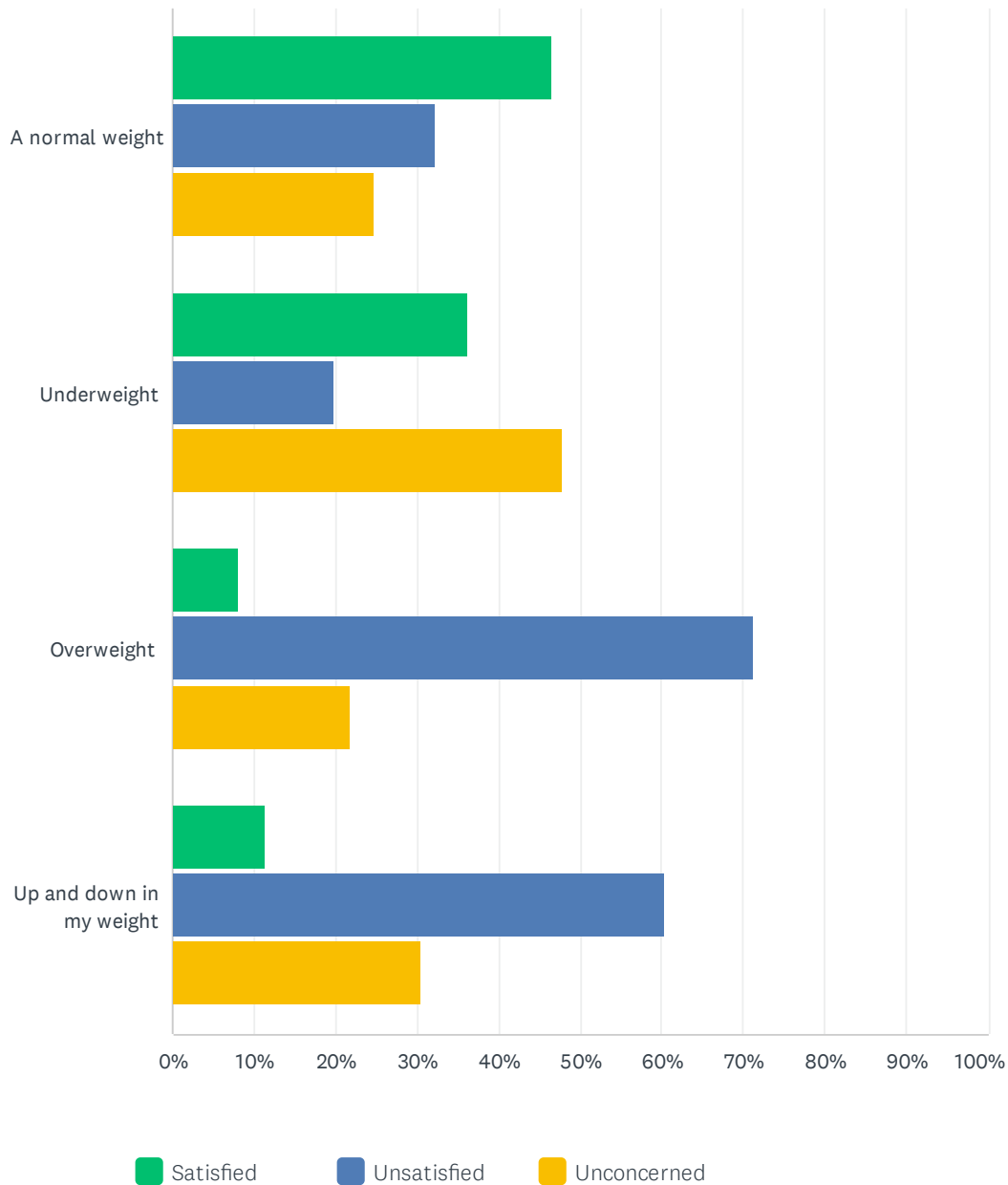
Answered: 1,060 Skipped: 927



ANSWER CHOICES	RESPONSES	
I weigh myself once per week	23.21%	246
I weigh myself once per day	28.11%	298
I weigh myself multiple times per day	17.08%	181
I have such a strong need to know my weight that I cannot function normally	7.55%	80
I don't weigh myself	35.94%	381
Total Respondents: 1,060		

Q14 As a child, when it came to my weight, I was:

Answered: 1,328 Skipped: 659



	SATISFIED	UNSATISFIED	UNCONCERNED	TOTAL RESPONDENTS
A normal weight	46.55% 439	32.24% 304	24.71% 233	943
Underweight	36.16% 205	19.93% 113	47.80% 271	567
Overweight	8.09% 57	71.21% 502	21.84% 154	705
Up and down in my weight	11.34% 66	60.31% 351	30.58% 178	582

Q15 My lowest adult weight (in lbs) has been:

Answered: 1,272 Skipped: 715

Q16 My highest adult weight (in lbs.) has been:

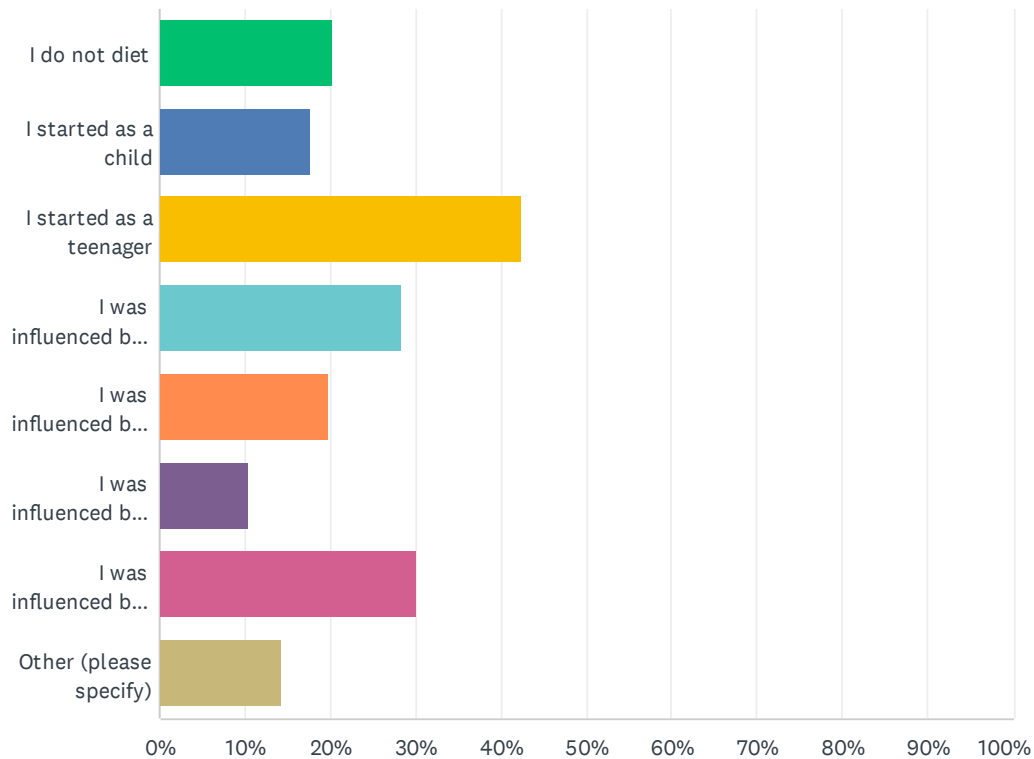
Answered: 1,272 Skipped: 715

Q17 My ideal weight (in lbs) would be:

Answered: 1,269 Skipped: 718

Q18 Regarding Dieting:

Answered: 1,305 Skipped: 682



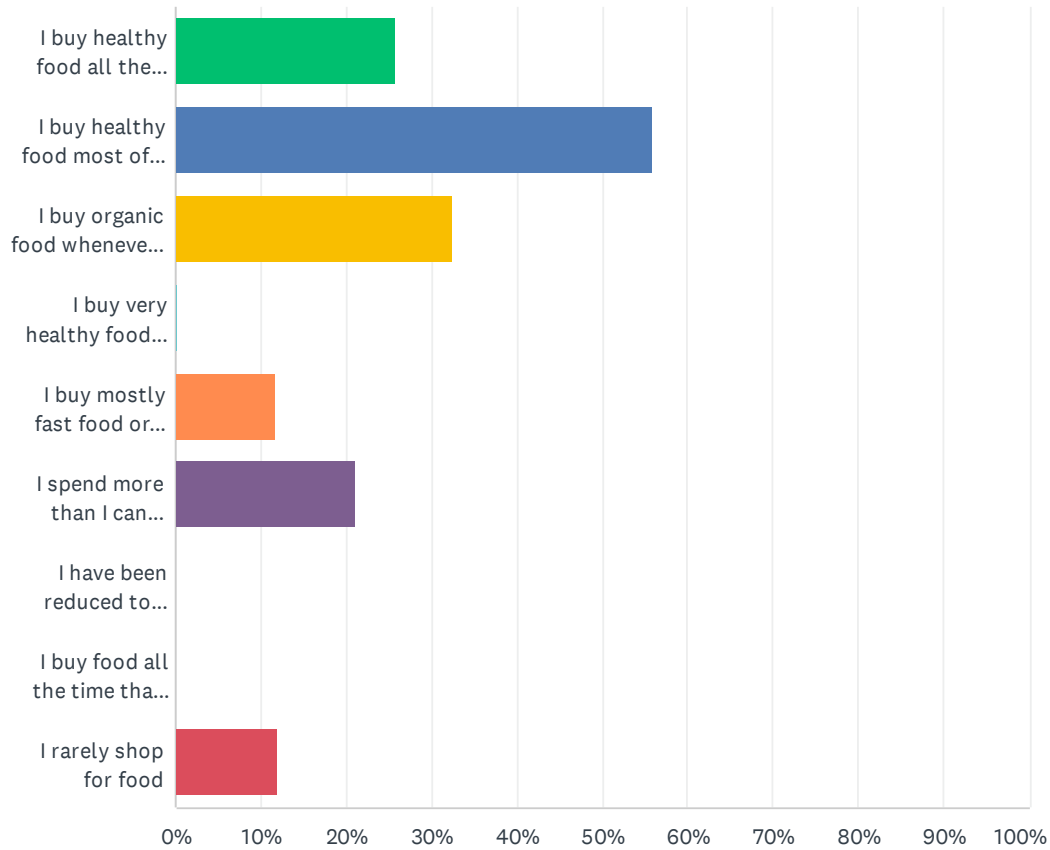
ANSWER CHOICES	RESPONSES	
I do not diet	20.31%	265
I started as a child	17.70%	231
I started as a teenager	42.53%	555
I was influenced by a parent to begin dieting	28.35%	370
I was influenced by my peers to begin dieting	19.92%	260
I was influenced by a significant other to begin dieting	10.34%	135
I was influenced by the media to begin dieting	30.11%	393
Other (please specify)	14.25%	186
Total Respondents: 1,305		

Q19 Specific Diets I have tried are:

Answered: 827 Skipped: 1,160

Q20 Regarding shopping for food:

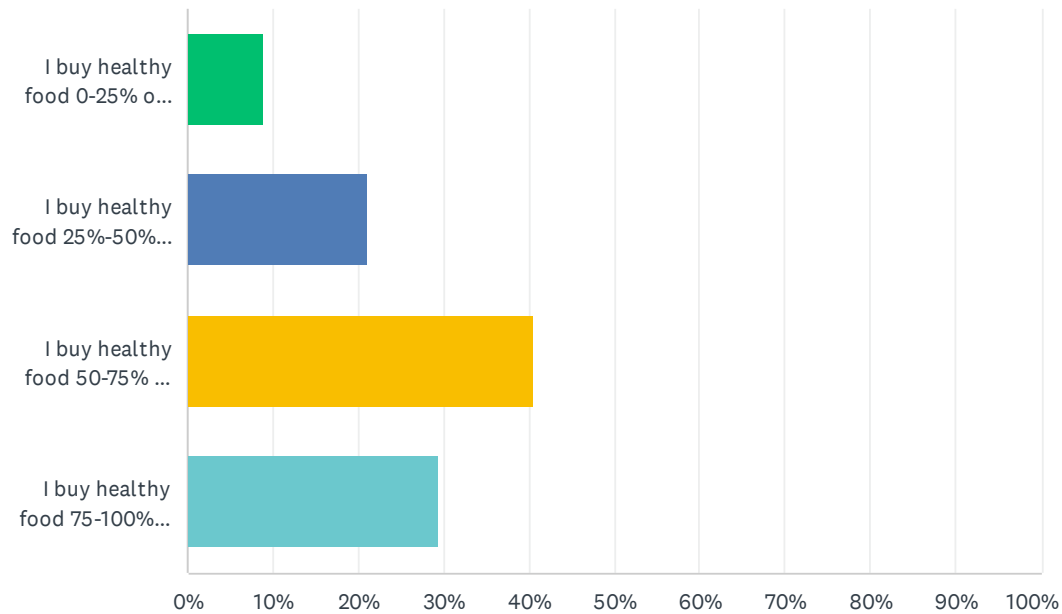
Answered: 1,287 Skipped: 700



ANSWER CHOICES	RESPONSES	
I buy healthy food all the time	25.72%	331
I buy healthy food most of the time	55.79%	718
I buy organic food whenever possible	32.32%	416
I buy very healthy food except when I buy binge food	0.23%	3
I buy mostly fast food or processed foods	11.66%	150
I spend more than I can afford on food	21.06%	271
I have been reduced to stealing food for a binge	0.08%	1
I buy food all the time that I know I will never eat	0.08%	1
I rarely shop for food	11.89%	153
Total Respondents: 1,287		

Q21 When shopping for food:

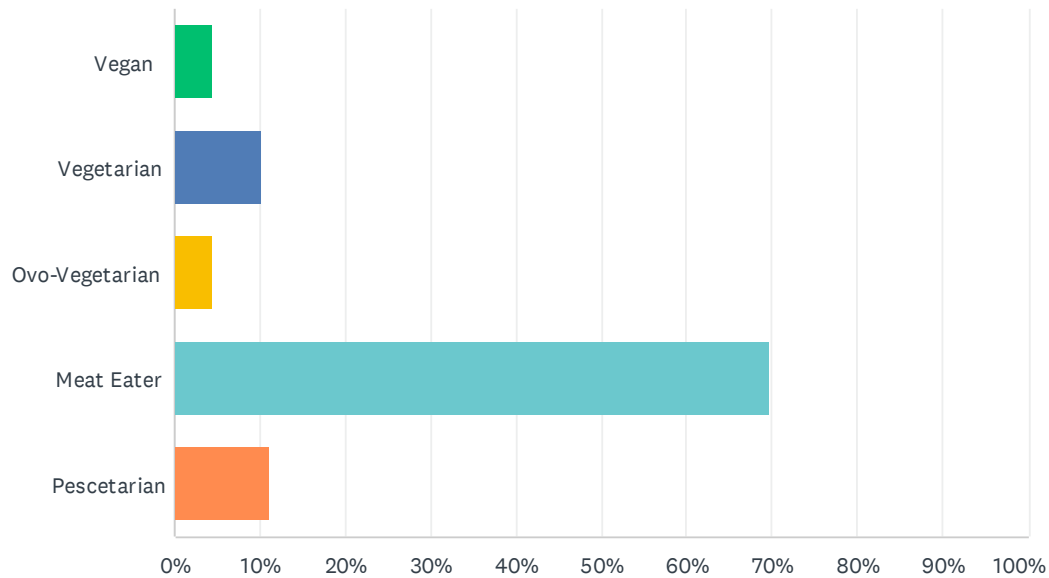
Answered: 909 Skipped: 1,078



ANSWER CHOICES	RESPONSES	
I buy healthy food 0-25% of the time	9.02%	82
I buy healthy food 25%-50% of the time	21.01%	191
I buy healthy food 50-75% of the time	40.48%	368
I buy healthy food 75-100% of the time	29.48%	268
TOTAL		909

Q22 I consider myself a:

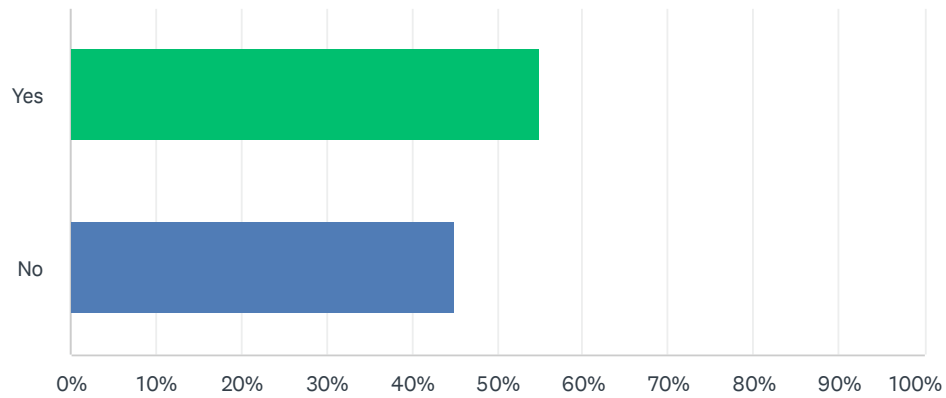
Answered: 1,060 Skipped: 927



ANSWER CHOICES	RESPONSES	
Vegan	4.43%	47
Vegetarian	10.19%	108
Ovo-Vegetarian	4.53%	48
Meat Eater	69.81%	740
Pescetarian	11.04%	117
TOTAL		1,060

Q23 I avoid eating processed foods

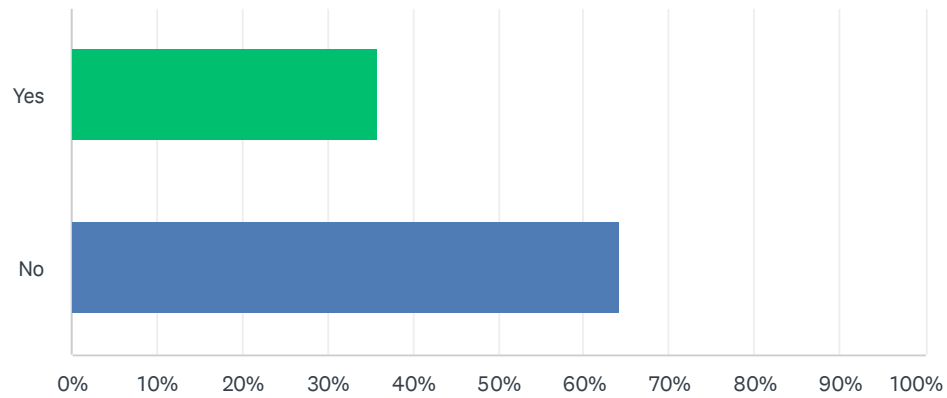
Answered: 1,262 Skipped: 725



ANSWER CHOICES	RESPONSES	
Yes	54.99%	694
No	45.01%	568
TOTAL		1,262

Q24 I drink soft drinks.

Answered: 1,268 Skipped: 719



ANSWER CHOICES	RESPONSES	
Yes	35.73%	453
No	64.27%	815
TOTAL		1,268

Q25 I drink ____ cans of diet soft drinks every day.

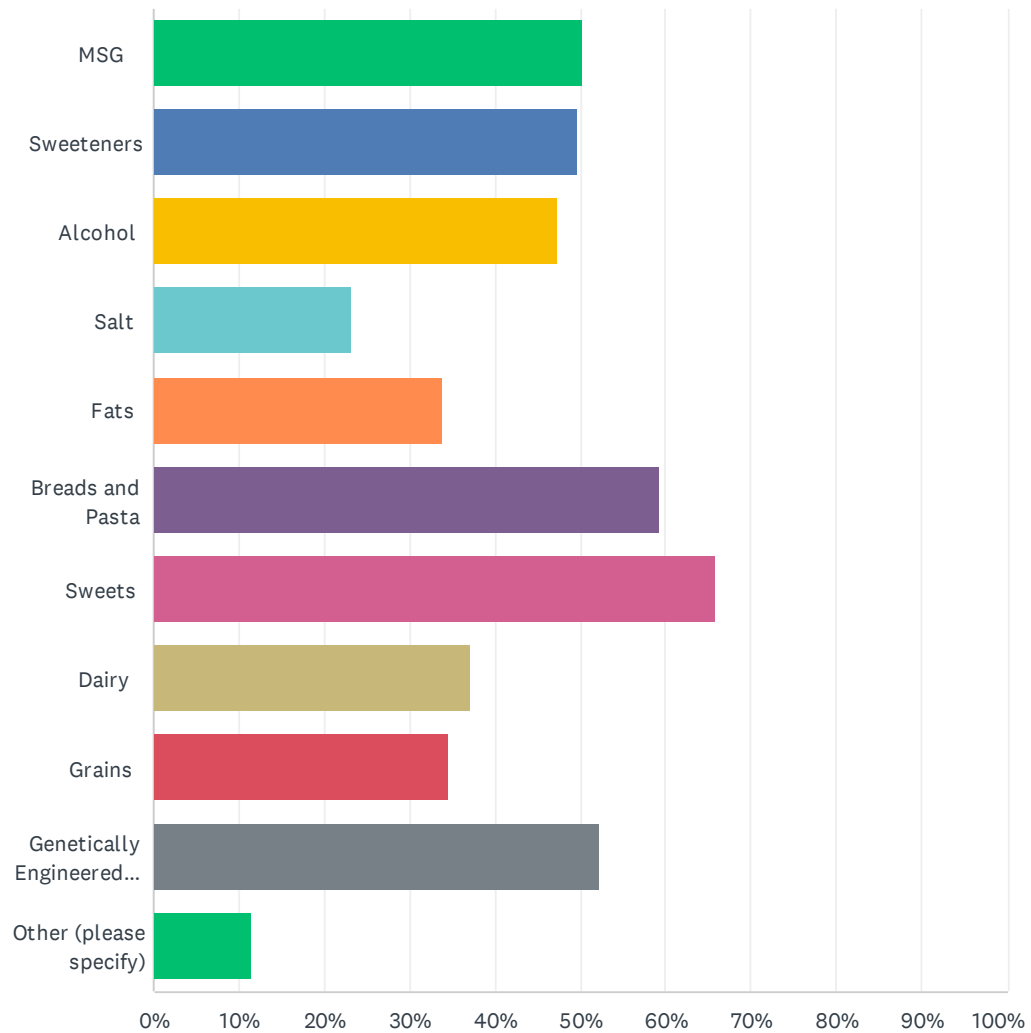
Answered: 408 Skipped: 1,579

Q26 I drink ____ cans of non-diet soft drinks every day

Answered: 388 Skipped: 1,599

Q27 I try to eliminate the following from my diet:

Answered: 1,168 Skipped: 819

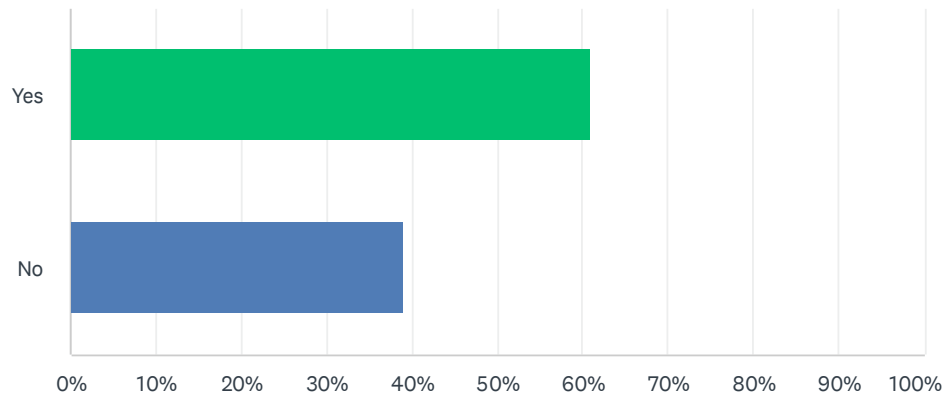


Norton Center Survey 2017

ANSWER CHOICES	RESPONSES	
MSG	50.34%	588
Sweeteners	49.74%	581
Alcohol	47.26%	552
Salt	23.29%	272
Fats	33.82%	395
Breads and Pasta	59.25%	692
Sweets	65.84%	769
Dairy	37.07%	433
Grains	34.50%	403
Genetically Engineered Foods	52.14%	609
Other (please specify)	11.47%	134
Total Respondents: 1,168		

Q28 I believe I suffer from food addiction.

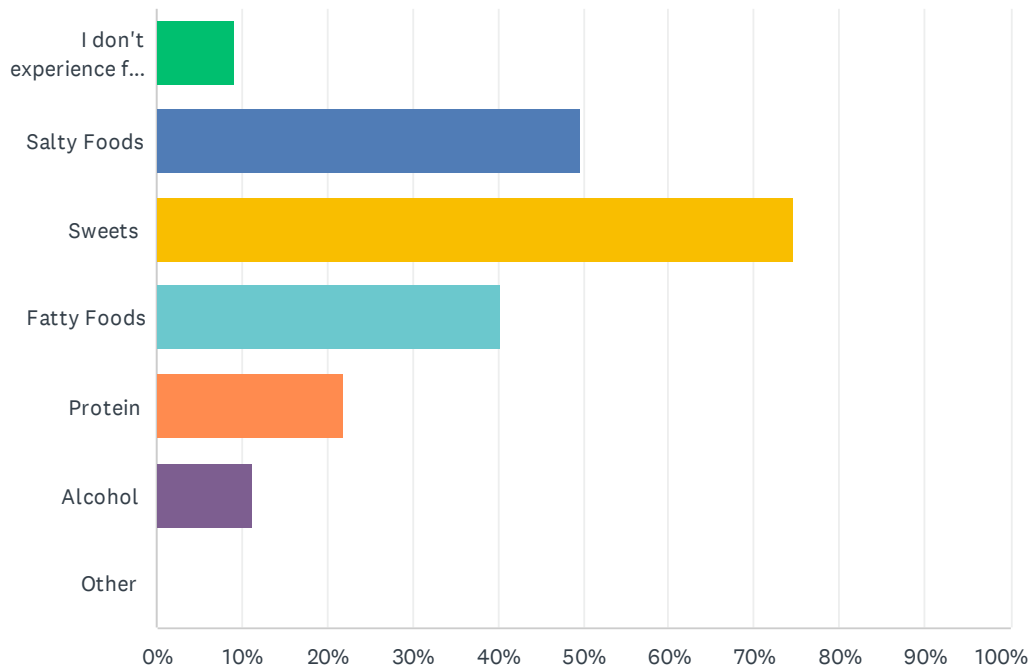
Answered: 1,231 Skipped: 756



ANSWER CHOICES	RESPONSES	
Yes	60.93%	750
No	39.07%	481
TOTAL		1,231

Q29 I often experience cravings for:

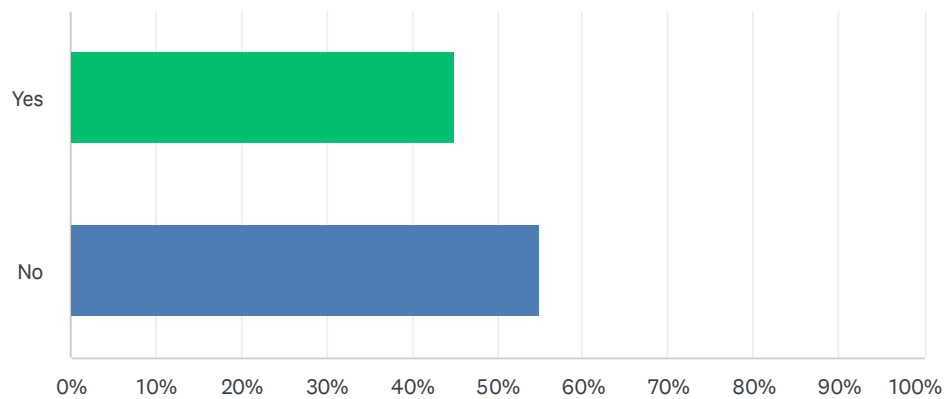
Answered: 1,202 Skipped: 785



ANSWER CHOICES	RESPONSES	
I don't experience food cravings	9.15%	110
Salty Foods	49.67%	597
Sweets	74.71%	898
Fatty Foods	40.35%	485
Protein	22.05%	265
Alcohol	11.23%	135
Other	0.00%	0
Total Respondents: 1,202		

Q30 I have to have certain foods every day:

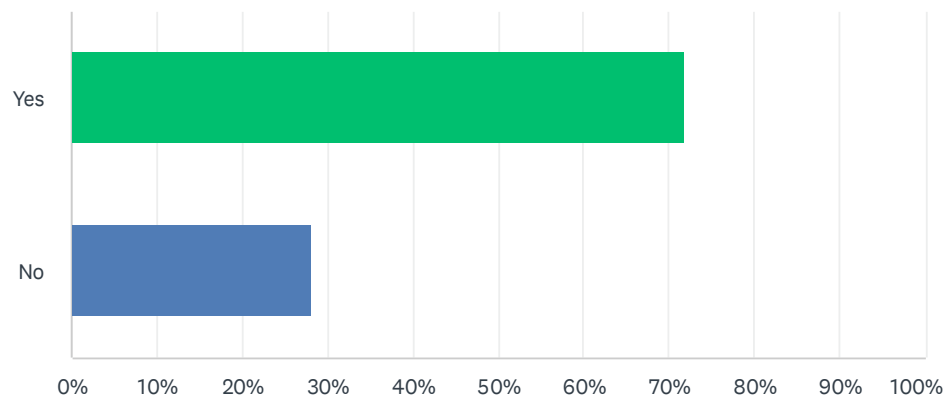
Answered: 1,231 Skipped: 756



ANSWER CHOICES	RESPONSES	
Yes	45.09%	555
No	54.91%	676
TOTAL		1,231

Q31 I feel stressed or irritable if I don't eat certain foods every day:

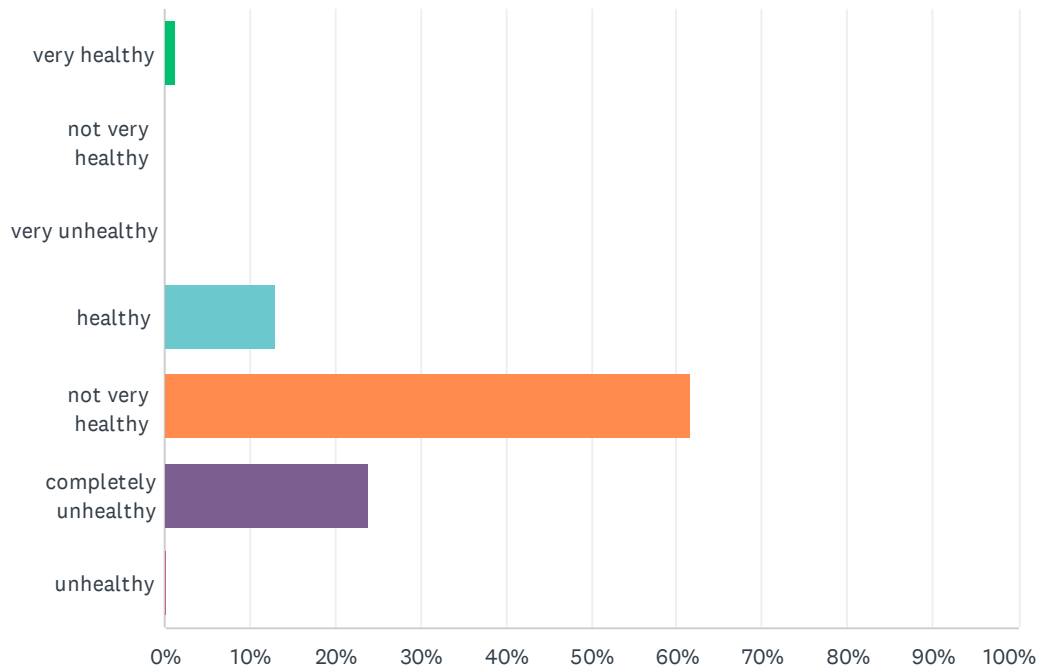
Answered: 549 Skipped: 1,438



ANSWER CHOICES	RESPONSES	
Yes	71.95%	395
No	28.05%	154
TOTAL		549

Q32 I believe that U.S. foods are:

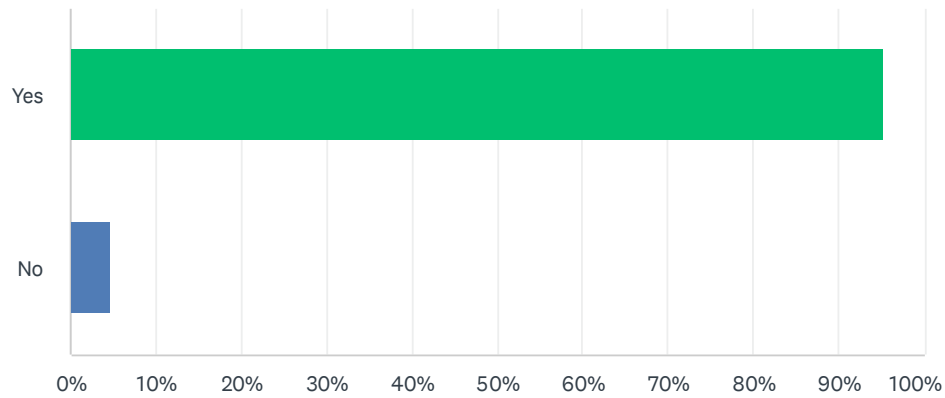
Answered: 1,214 Skipped: 773



ANSWER CHOICES	RESPONSES	
very healthy	1.32%	16
not very healthy	0.00%	0
very unhealthy	0.00%	0
healthy	13.10%	159
not very healthy	61.61%	748
completely unhealthy	23.81%	289
unhealthy	0.16%	2
TOTAL		1,214

Q33 I believe that processed foods contain very unhealthy ingredients:

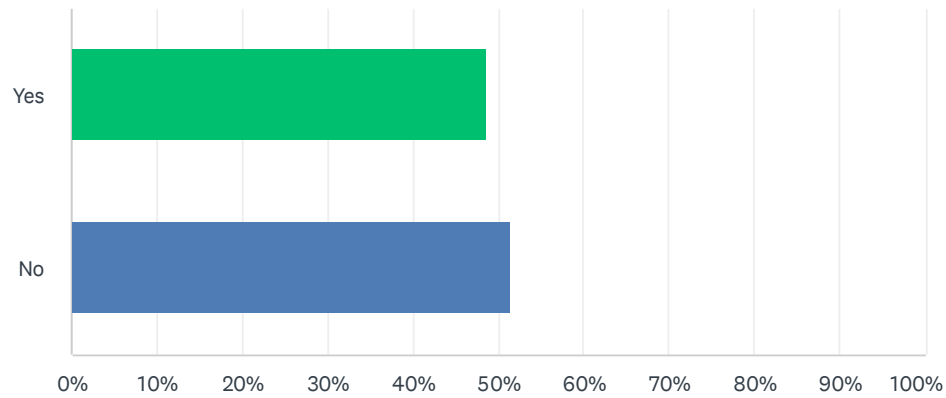
Answered: 1,220 Skipped: 767



ANSWER CHOICES	RESPONSES	
Yes	95.25%	1,162
No	4.75%	58
TOTAL		1,220

Q34 I have heard of the term "food pollution"

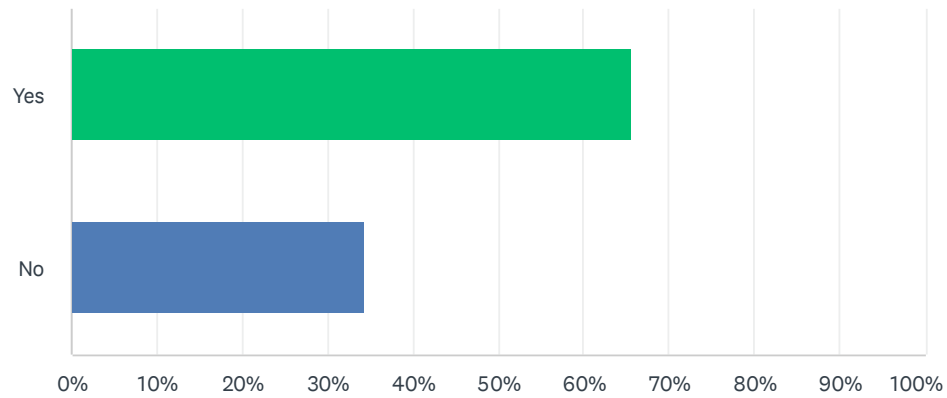
Answered: 1,220 Skipped: 767



ANSWER CHOICES	RESPONSES	
Yes	48.69%	594
No	51.31%	626
TOTAL		1,220

Q35 I understand the term "food pollution"

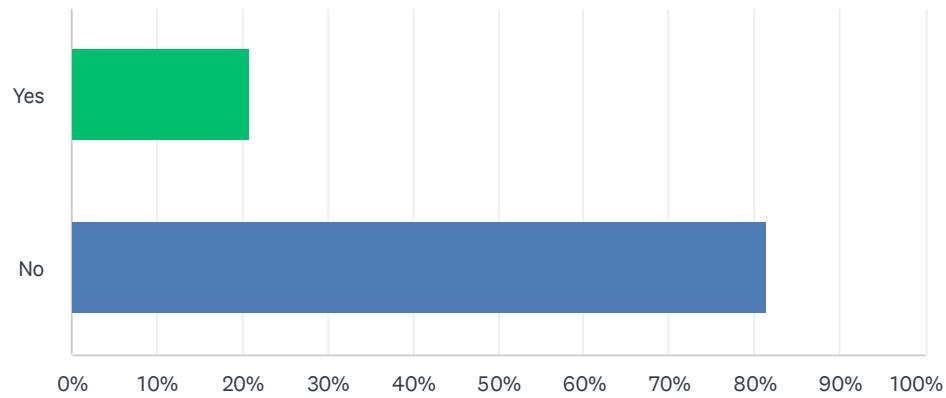
Answered: 599 Skipped: 1,388



ANSWER CHOICES	RESPONSES	
Yes	65.61%	393
No	34.39%	206
TOTAL		599

Q36 Would you like to be contacted by The Norton Center?

Answered: 43 Skipped: 1,944



ANSWER CHOICES	RESPONSES	
Yes	20.93%	9
No	81.40%	35
Total Respondents: 43		

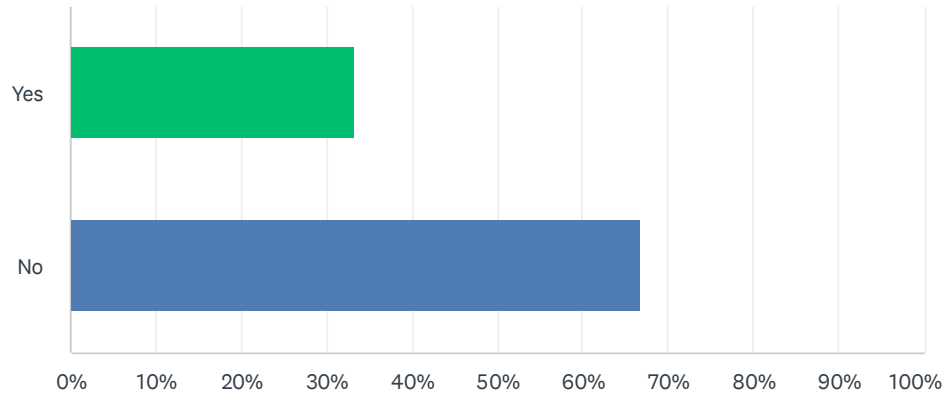
Q37 Please provide some information below and one of our representatives will be in touch with you soon.

Answered: 9 Skipped: 1,978

ANSWER CHOICES	RESPONSES	
Name	100.00%	9
Company	0.00%	0
Address	0.00%	0
Address 2	0.00%	0
City/Town	0.00%	0
State/Province	0.00%	0
ZIP/Postal Code	0.00%	0
Country	0.00%	0
Email Address	100.00%	9
Phone Number	77.78%	7

Q38 Would you like to receive a print out of the questions and your answers?

Answered: 9 Skipped: 1,978



ANSWER CHOICES	RESPONSES	
Yes	33.33%	3
No	66.67%	6
TOTAL		9